

ROLE-PLAY TIME – Version II ☺

Instructions:

1. In each of the cases, try to *role-play* how you would *counsel* the student.
2. Identify the *presenting problem* and some of the underlying, *core issues*.
3. Use the *basic counseling skills* you have learned to help the student.
4. Do a *demonstration* of about 5 minutes afterwards.
5. You may feel free to *add any details* to the case as long as they are logical.

Case A

Jack always sleeps in your class and you want to talk to him for quite some time. Today, for the first time he came to see you after class because he had a row with his mother yesterday and he felt so angry. He said he was chatting with his classmates on Facebook about homework last night but his parents said he was playing and he was a shame to the family. He confessed, however, that he really plays online games a lot until very late in the night as he cannot control himself. He said he was most angry when his mother asked him to learn from his elder sister, who is studying as a year-3 student in HKU now. As the conversation went on, he told you his mum is not highly educated, but she works for two jobs a day to send her two children to college...

Case B

Maggie came to talk to you because she had a big argument with her boyfriend yesterday again. His boyfriend actually studies in another institution and this time it was about a phone message he received from one of his female classmates about an upcoming dinner party. Maggie told you she felt so upset every time a girl approached her boyfriend—for whatever reason. She just wished there are only the two of them in the world so no one could steal him. When she called her boyfriend and cannot find him, she would cry and imagine all kinds of bad things like he doesn't love her anymore; when she could find him finally, she would yell and throw a big temper. Now she is checking his phone every day to know every move of him. Maggie has no close friends herself and as the only child in the family, she has no one to turn to because her parents are very busy with work and for all these years, they have just tried to make her happy by buying her anything she likes and wants...